



NEWIM

NETWORK OF EVANGELICAL WOMEN IN MINISTRY

The background features a gradient from light green at the top to dark blue at the bottom. On the left side, there is a large, semi-circular scale with numerical markings from 140 to 260. Several circular and semi-circular graphic elements, including dashed lines and arrows, are scattered across the scene, creating a sense of motion and data visualization.

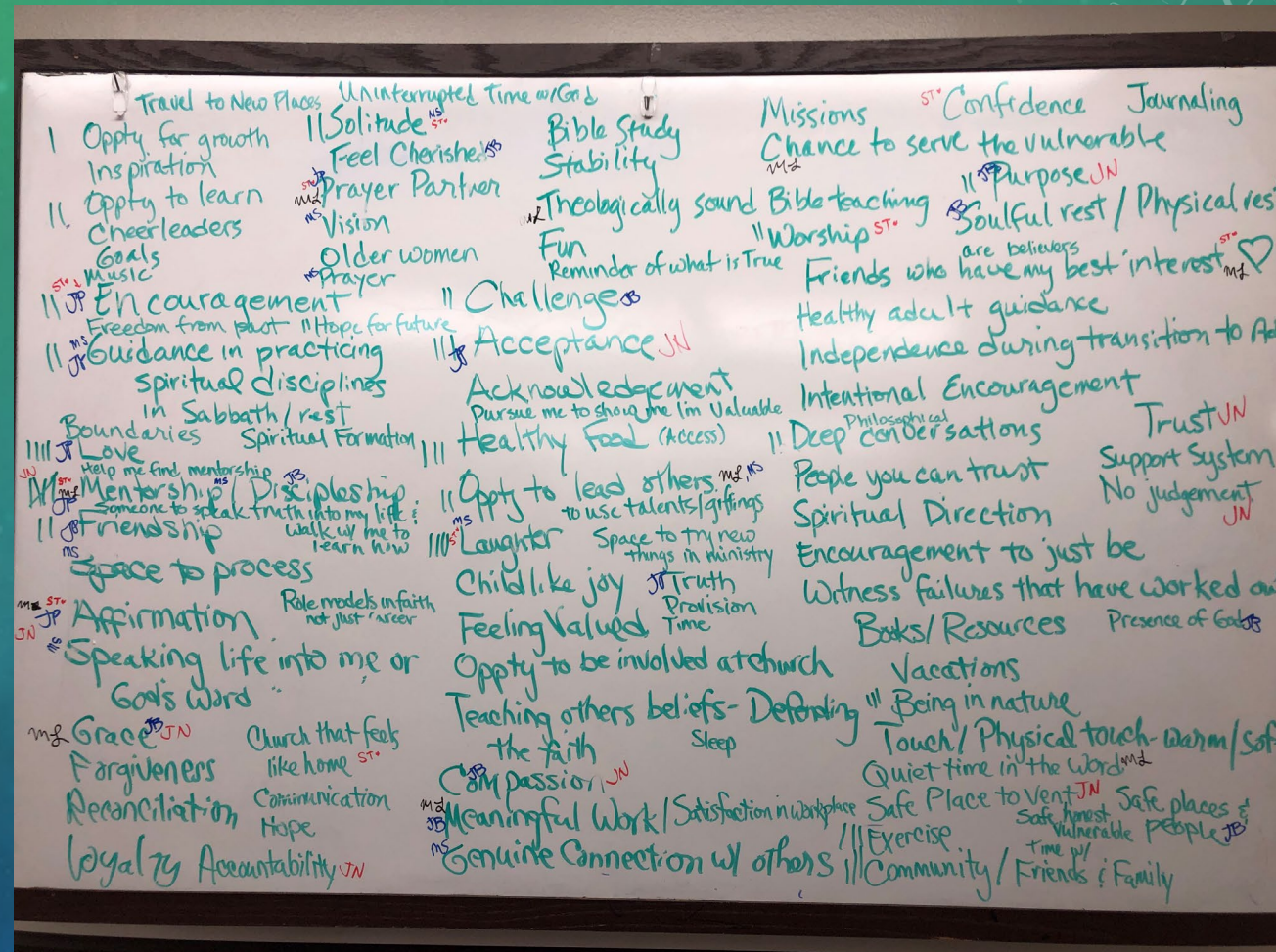
WHAT DO YOUNG WOMEN NEED

MENTORING 2.0



YOUNG WOMEN WANT . . .

A Focus Group Weekend



“Friendships with others in my life - older women who really know me and believe in me and cheer me on” (Mentoring 2.0)

A Retreat (solitude, prayer, biblical, worship, genuine conversations, exercise, healthy food, safe, honest, vulnerable, rest) . . . The Springs – come with their “older” friend



TOP FIVE

Relationships with Others in my Life

Relationship with God/Spiritual Formation

Self Care

Personal Growth/Spiritual Formation

Others' Focused – Living It Out

practica both sides - transformational life required -
 to be done for us for us to do for others - We need this
 Very Christian list - we see God's values in the list
 Some could be done superficially - but we want them authentically
 Sacrifice ^{required}
 Require initiative
 Others & Youngers have similar needs - We grow in our awareness of what we need

CATEGORIES -

① Relationships
 Community/Others in my life/Mentorship

② Relationship with God/Spiritual Formation

Self Care ③

- Relating to myself - my internal belief
 my identity

Physical Health - Recreation

④ Development - Personal Growth/Spiritual Formation
^{Healing} ^{Mentorship}

⑤ Others Focused - Application - Living it out - Mission

Things I can do on my own - Things I need others to help me with

Things that require vulnerability

Things I can't make happen on my own

Things I NEED vs Things I love (make life FUN)

Things I don't have I don't know how to get

Things I don't care about having in my life

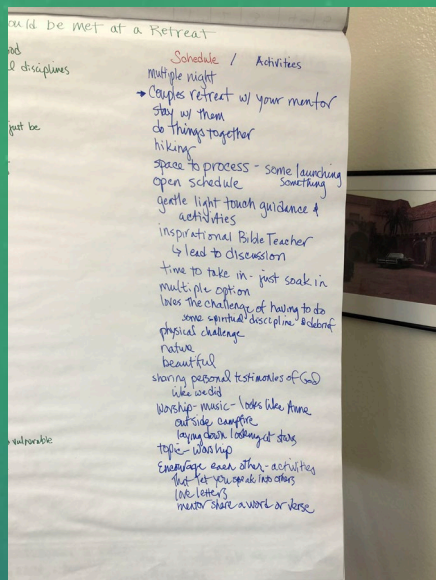
Healing
 Specifically tell me what this looks like BUT do not hate / need help getting?
 What's on this list that I want? How did you find them? How could you help others find them?
 What's help you get these things?

DESIGNED A "GATHERING"

For young women to be strengthened and encouraged

Design a "gathering" for young women in ministry to strengthen & encourage.

<p>Parts of Program?</p> <ul style="list-style-type: none"> • Hot Button topic to let generations hear from each other - LISTENING • People "debrief/discuss" in small groups w/ various generations • How do you navigate XX = breakouts 	<p>Order/Agenda?</p> <p>Various Workshop options</p>	<p>Venue?</p> <p>Away Nature Hills Beach 1 1/2 hr. drive Beach house</p>	<p>Cost?</p>	<p>Length?</p> <p>Weekend w/ 2 nights Friday pm - Sun afternoon 1 Night Lasts beyond the weekend, some follow-up People get tired by 24 hr • Go longer if no night session - pacing • Fri night could be ministry to participants</p>
<p>Curriculum → Mentoring Happens → Couples Retreat</p>	<p>Tools for Mentoring</p> <p>How to lead meaningful discussions w/ mentee? How to find a mentor? What is a mentor? How do you find a mentee?</p> <p><u>Legitimate Need Biblically</u> God set it up this way I have a need</p> <p>Excuses: - Women talk themselves out of being qualified to be a mentor - I don't know my Bible - I don't know my Bible - I don't know my Bible - I don't know my Bible</p> <p>Afraid of being a burden - because of time commitment Benefit - Someone is taking care of me - loving me & knowing me - walking w/ me Topics w/ Scripture - linked</p> <p>Practical - common discussions Should we go to coffee to do this? Yes Should I encourage them along the way - text a Bible verse, pray over them What it is not? What exists?</p>		<p>Number of People</p>	
<p>Theme</p> <p>Mentoring - 2 Sessions w/ breakouts What does it mean to be a mentor? What does it mean to be a mentee?</p>	<p>Purpose - training <u>elders</u> to mentor - training <u>elders</u> to mentor - training <u>elders</u> to mentor - training <u>elders</u> to mentor</p> <p>to mentor - well - both ways - ^{maybe not} me mentor even though I'm mentoring want to do this - how? pls. mentor/mentees come together - something else reach out to churches -</p>			



SCHEDULE/ACTIVITIES

A Weekend Retreat with Their Mentor

- Multiple nights
- Stay with them throughout the retreat – do things without them, then come back and debrief with them
- Hiking
- Space to process → Launch something together
- Open Schedule
- Gentle light touch guidance with activities
- Inspirational Bible Teaching – leads to discussion
- Time to take in and just soak in what's shared
- Multiple options
- Loves the challenge of having to do some spiritual disciplines and debrief
- Physical challenge
- Nature
- Beautiful
- Sharing personal testimonies of God, like we did at this focus group
- Worship music looks like Anne Barbour leading
- Outside campfire
- Laying down and looking at the stars
- Topic – worship
- Encourage each other

Sat AM

Different from
mom.

Mentoring: What does it look like?

- 1 Do daily tasks together: I learn as I watch
- 2 Follow up - want them to check in
- 3 Asks questions that provoke growth
- 4 Consistency - planned meetings availability
reliable efforts to be there
- * 5 Reciprocation - we're praying & caring too. practicing but we recognize the roles
- 6 Serving together / grow together
- 7 Not your parent - safe place to explore "my way"
- 8 Provide books, podcasts, etc. help me grow on my own
- 9 Praying over one another - Scripture praying / laying hands - text affirming aspect of written out prayers
- 10 Bible App - comment on Scripture together - all can see
- 11 Mentor needs to be challenging me.
- * 12 Fun together.
- 13 Mentors are a "pseudo-parent" - a Mama
- * 14 Pursue me - follow up - don't discount me if I'm busy mutual pursuit = you're valuable to me
- 15 Humility - req for us to pursue mentoring mentors don't think they have to do it all - Jesus
confidence in roles
- 16 Walk in obedience - Mentors point us to what we must do to be Obedient to God - Follow Scripture

17 Mentors can go to someone & confident to ask if they would like to be mentored.

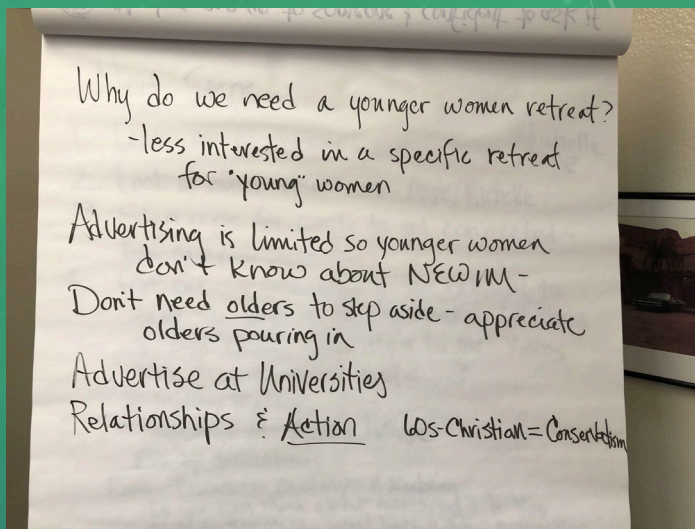
- 1 Is this a mandate? Gal 6 - care for others inside the Body
- 2 Safe places to say whatever I need to & still be loved & accepted. Need this from an older person, not just friend. Confidential.
- 3 If someone is mentoring me - have them help me to see how to mentor others. "imitate me as I imitate Christ."
- 4 Help young women who show interest if they want more.

Not

Role Model ≠ Mentor

1. Judgement
2. Not doing a study that mentor needs / Assessment of my needs.
3. Gossip time.
4. Not fake - check off my list of stuff to do
5. Not advice
6. Not fixing them.
7. Not easy - it brings up a lot in mentor, too
8. Not short term - reliable over years, decades
9. Not just friendship

Initiate w/ confidence - I have something to offer
Be the initiator.



Retreat specifically for young women? no

Why don't they come to NEWIM now? Don't know about NEWIM – advertise at the Universities

What about the older women in NEWIM? Youngers appreciate the olders & want them pouring into their lives

Mentoring – relationship and ministry (youngers want to lead w/ mentors cheering them on)

KEY TAKEAWAYS

