

Additional Reading on Christian Devotional Practices

On Spiritual Transformation and Christian Spiritual Disciplines

Ruth Haley Barton, *Sacred Rhythms: Arranging Our Lives for Spiritual Transformation*
David G. Benner's Trilogy: *The Gift of Being Yourself, Surrender to Love, Desiring God's Will*
Joseph D. Driskill, *Protestant Spiritual Exercises: Theology, History and Practice*
Richard J. Foster, *Celebration of Discipline: The Path to Spiritual Growth*
Sharon Garlough Brown's: *Sensible Shoes Series* (fiction)
Margaret Guenther, *Holy Listening*.
Henri J.M. Nouwen, *Life of the Beloved: Spiritual Living in a Secular World*
Marjorie J. Thompson, *Soul Feast: An Invitation to the Christian Spiritual Life*
Dallas Willard, *The Spirit of the Disciplines: Understanding How God Changes Lives*
Dallas Willard, *Hearing God*

Journaling

Luann Budd, *Journal Keeping: Writing for Spiritual Growth*
Helen Cepero, *Journaling as a Spiritual Practice: Encountering God Through Attentive Writing*

Lectio Divina

Ruth Haley Barton, *Invitation to Solitude and Silence: Experiencing God's Transforming Presence*
David G. Benner, *Opening to God*
Michael Casey, *Sacred Reading: The Ancient Art of Lectio Divina*
Oswald Chambers, *If You Will Ask*
Jan Johnson, *When the Soul Listens*
Brother Lawrence, *The Practice of the Presence of God*
Henri J. M. Nouwen, *The Only Necessary Thing*
Henri J. M. Nouwen, *Making All Things New*

Prayer

Richard Foster and Gayle Beebe, *Longing for God: Seven Paths of Christian Devotion*
The Valley of Vision: A Collection of Puritan Prayers and Devotions

Retreats

Ruth Haley Barton, *Invitation to Retreat: The Gift and Necessity of Time Away with God*

Visio Divina

Juliet Benner, *Contemplative Vision: A Guide to Christian Art and Prayer*
Sharon Garlough Brown, *Remember Me* (a sequel to *Shades of Light*)
Henri J.M. Nouwen, *The Return of the Prodigal Son: A Story of Homecoming*

