

## A Quick Look at Your Life Today

*Most gracious God, draw me close to you. Especially when the winds of life seem to beat against me, help me to be honest and real. Let me hide nothing from you. Reveal my secret pleasures. Examine the motives of my service. Review my attitudes at home. Cleanse me from all that would separate me from you and others. Lead me more and more into the deep understanding of the truth that is in Christ Jesus, in whose name I pray . . . Amen.*

Prayerfully determine if any of the following issues are separating you from your Lord and Savior and from others. As you meditate on the verses that accompany that issue, ask the Lord to remove that hindrance. Ask Him to cleanse you and free you so that once again you may enjoy His presence and your fellowship with others.

**Family Worries** Psalm 9:7-10 Matt. 6:25-34, 10:37-39 Eph. 3:14-21 1 Tim. 5:18

**A Fearful Heart** Psalm 27:1-6 Psalm 91 Josh. 1:1-9 Isa. 41:10-16, 43:1-5 11 Tim. 1:7 1 Jn. 4:16-21

**Insecurity** Ex. 3:13-14 Psalm 16:5-11 Psalm 112:1-9 Jer. 1:6-8, 17:7-8

**Ambition** Matt. 4:8-10, 20:20-28 Gal. 2:19-21 Phil. 1:12-26 James 3:13-18, 4:13-17

**Irritable Impatience** Psalm 131 Isa 30:15-18 Col. 1:9-14 1 Tim. 1:15-17 James 5:7-12

**Dizzying Busyness** Psalm 46:10-11 Psalm 62:1-2, 5-8 Lam. 3:17-26 Luke 10:38-42

**Subtle Envy** 1 Corin. 13:4 Phil. 4:10-13 1 Tim. 6:6-10 James 4:11-12

**A Critical Spirit** Isa. 11:1-5 Luke 6:37-38 Rom. 14:9-13 Heb. 10:19-25 James 4:11-12

**Tension From Insecurity** Psalm 31:19-24 Psalm 130 Hab. 3:17-19 1 Tim. 6:6-16

**Sexual Impurity** Psalm 32 Rom. 13:13-1 1 Corin. 5:9-13, 6:12-20 Eph. 4:17-24, 5:1-21

**An Unforgiving Heart** Psalm 86 Micah 6:8 Matt. 6:9-15 11 Corin. 2:5-11 Col. 3:12-17

**Exhaustion** Ex. 18:13-27 Isa. 40:25-31, 50: 4-5 Matt. 11:28-30 Eph. 1:17-23

**Uneasy Anxiety** Psalm 32:10 Psalm 94:16-19 Proverbs 3:5 Jer. 15:15-21 Rom. 15:13 1 Peter 5:7

**Downright Discouragement** Ex. 18:13-27 Deut. 31:8 Psalm 13 Psalm 51:10-19 Lam. 3:17-26

**Little Malices** 1 Corin. 5:6-8 Eph. 4:29-32 Titus 3:1-8 1 Peter 2:1-3

**Discontentment** Psalm 37:1-7 Isa. 26:1-8 Col. 3 1 Tim. 6:6-10 11Thess. 3:16

**Doubt** Gen. 15:1-6 Luke 1:45-55 11 Tim. 2:13 Heb. 11:4-16 James 1:2-8 1 Jn. 5:1-5 Jude 21-25

**Glittering Idols** Ex. 20:1-17 Isa. 44:6-11 Col. 3:1-17 Titus 2:11-15 1 John 5:18-21

Now, in faith, thank Him for cleansing that sin or removing that issue or concern. Your conscience is now free, by His grace, and the Lord is ready now to bless you and make you a blessing to others.